

## 2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

### San Diego High School Survey Risk Behaviors and Sex of Sexual Contacts Report

#### Unintentional Injuries/Violence

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes <sup>†</sup>	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN8: Percentage of students who rarely or never wore a bicycle helmet (among students who had ridden a bicycle during the 12 months before the survey)	83.7 (80.0-86.9)	628	73.8 (62.9-82.3)	86			●
QN9: Percentage of students who rarely or never wore a seat belt (when riding in a car driven by someone else)	4.4 (2.9-6.6)	1,005	11.6 (6.7-19.4)	169		●	
QN10: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle one or more times during the 30 days before the survey)	25.1 (21.5-29.0)	1,003	36.0 (27.5-45.6)	169		●	
QN11: Percentage of students who drove when drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)	10.8 (8.3-14.0)	494	13.9 (6.4-27.7)	69			●
QN12: Percentage of students who texted or e-mailed while driving a car or other vehicle (on at least 1 day during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)	42.9 (34.5-51.7)	504	52.7 (39.1-65.9)	71			●
QN13: Percentage of students who carried a weapon (such as a gun, knife, or club on at least 1 day during the 30 days before the survey)	14.4 (11.9-17.3)	977	21.9 (16.1-29.0)	161		●	
QN14: Percentage of students who carried a gun (on at least 1 day during the 30 days before the survey)	3.9 (2.7-5.7)	990	8.0 (4.2-14.6)	164			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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#### Unintentional Injuries/Violence

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes <sup>†</sup>	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN15: Percentage of students who carried a weapon on school property (such as a gun, knife, or club on at least 1 day during the 30 days before the survey)	4.3 (3.0-6.1)	996	10.0 (6.0-16.3)	166		●	
QN16: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)	4.2 (3.0-5.8)	1,002	15.8 (10.3-23.4)	169		●	
QN17: Percentage of students who were threatened or injured with a weapon on school property (such as a gun, knife, or club one or more times during the 12 months before the survey)	5.2 (3.8-7.0)	1,007	11.7 (7.6-17.5)	169		●	
QN18: Percentage of students who were in a physical fight (one or more times during the 12 months before the survey)	28.2 (23.9-33.0)	993	28.9 (22.4-36.3)	167			●
QN19: Percentage of students who were injured in a physical fight (one or more times during the 12 months before the survey; injuries had to be treated by a doctor or nurse)	2.7 (1.6-4.6)	997	9.2 (5.2-15.8)	168		●	
QN20: Percentage of students who were in a physical fight on school property (one or more times during the 12 months before the survey)	10.0 (7.8-12.8)	999	15.4 (10.2-22.7)	169			●
QN21: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)	8.5 (6.8-10.5)	1,004	25.6 (18.4-34.6)	168		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

### San Diego High School Survey Risk Behaviors and Sex of Sexual Contacts Report

#### Unintentional Injuries/Violence

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes <sup>†</sup>	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN22: Percentage of students who experienced physical dating violence (one or more times during the 12 months before the survey, including being hit, slammed into something, or injured with an object or weapon on purpose by someone they were dating or going out with among students who dated or went out with someone during the 12 months before the survey)	7.3 (5.3-10.1)	788	25.9 (17.7-36.3)	116		●	
QN23: Percentage of students who experienced sexual dating violence (one or more times during the 12 months before the survey, including kissing, touching, or being physically forced to have sexual intercourse when they did not want to by someone they were dating or going out with among students who dated or went out with someone during the 12 months before the survey)	8.5 (6.3-11.4)	794	36.0 (26.0-47.4)	116		●	
QN24: Percentage of students who were bullied on school property (during the 12 months before the survey)	15.2 (12.5-18.3)	982	30.6 (23.1-39.3)	164		●	
QN25: Percentage of students who were electronically bullied (including being bullied through e-mail, chat rooms, instant messaging, websites, or texting during the 12 months before the survey)	15.5 (13.1-18.2)	1,002	33.4 (24.7-43.3)	169		●	
QN26: Percentage of students who felt sad or hopeless (almost every day for 2 or more weeks in a row so that they stopped doing some usual activities during the 12 months before the survey)	31.1 (27.9-34.5)	1,002	56.7 (47.3-65.7)	167		●	
QN27: Percentage of students who seriously considered attempting suicide (during the 12 months before the survey)	16.8 (14.4-19.4)	1,001	41.8 (33.1-51.0)	167		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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San Diego High School Survey  
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Unintentional Injuries/Violence

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes <sup>†</sup>	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN29: Percentage of students who attempted suicide (one or more times during the 12 months before the survey)	9.1 (7.3-11.2)	896	26.0 (19.1-34.2)	151		●	
QN30: Percentage of students who attempted suicide that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (during the 12 months before the survey)	2.2 (1.3-3.7)	896	7.9 (4.0-15.1)	150		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

### San Diego High School Survey Risk Behaviors and Sex of Sexual Contacts Report

#### Tobacco Use

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes <sup>†</sup>	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN31: Percentage of students who ever tried cigarette smoking (even one or two puffs)	39.0 (35.5-42.6)	984	54.0 (43.7-63.9)	163		●	
QN32: Percentage of students who smoked a whole cigarette before age 13 years (for the first time)	8.3 (6.6-10.5)	974	12.7 (7.4-20.8)	162			●
QN33: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)	11.5 (9.7-13.5)	974	23.9 (17.1-32.3)	159		●	
QNFRCIG: Percentage of students who currently frequently smoked cigarettes (on 20 or more days during the 30 days before the survey)	1.8 (0.9-3.2)	974	7.3 (3.7-13.6)	159		●	
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)	1.0 (0.5-1.9)	974	5.8 (2.6-12.2)	159		●	
QN34: Percentage of students who smoked more than 10 cigarettes per day (during the 30 days before the survey among students who currently smoked cigarettes on the days they smoked)	4.7 (1.9-11.0)	111	15.3 (5.9-34.2)	36			●
QN36: Percentage of students who did not try to quit smoking cigarettes (among students who currently smoked cigarettes during the 12 months before the survey)	64.9 (54.6-74.0)	106	66.5 (48.3-80.8)	33			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

San Diego High School Survey  
Risk Behaviors and Sex of Sexual Contacts Report

Tobacco Use

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes <sup>†</sup>	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI <sup>*</sup>	N	% 95% CI	N			
QN39: Percentage of students who ever used electronic vapor products (e-cigarettes, e-cigars, e-pipes, vape pipes, vaping pens, e-hookahs, and hookah pens such as blu, NJOY, or Starbuzz)	66.5 (63.1-69.8)	998	72.0 (63.3-79.3)	167			●
QN40: Percentage of students who currently used electronic vapor products (e-cigarettes, e-cigars, e-pipes, vape pipes, vaping pens, e-hookahs, and hookah pens such as blu, NJOY, or Starbuzz on at least 1 day during the 30 days before the survey)	34.2 (30.5-38.2)	999	40.5 (31.6-50.0)	168			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

### San Diego High School Survey Risk Behaviors and Sex of Sexual Contacts Report

#### Alcohol/Other Drug Use

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes <sup>†</sup>	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN41: Percentage of students who ever drank alcohol (at least one drink of alcohol on at least 1 day during their life)	77.9 (74.3-81.2)	983	79.0 (71.7-84.8)	161			●
QN42: Percentage of students who drank alcohol before age 13 years (for the first time other than a few sips)	17.8 (14.8-21.4)	1,004	30.2 (23.6-37.6)	167		●	
QN43: Percentage of students who currently drank alcohol (at least one drink of alcohol on at least 1 day during the 30 days before the survey)	40.1 (36.8-43.4)	918	48.0 (40.5-55.7)	152			●
QN44: Percentage of students who drank five or more drinks of alcohol in a row (within a couple of hours on at least 1 day during the 30 days before the survey)	21.1 (18.7-23.7)	958	26.1 (19.0-34.8)	159			●
QN45: Percentage of students who reported that the largest number of drinks they had in a row was 10 or more (within a couple of hours during the 30 days before the survey)	5.5 (4.1-7.2)	909	7.1 (3.3-14.5)	155			●
QN47: Percentage of students who ever used marijuana (one or more times during their life)	58.5 (55.2-61.8)	983	62.6 (51.9-72.2)	163			●
QN48: Percentage of students who tried marijuana before age 13 years (for the first time)	12.6 (10.1-15.7)	989	15.4 (10.0-22.9)	163			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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#### Alcohol/Other Drug Use

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes <sup>†</sup>	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN49: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)	30.8 (28.3-33.5)	995	36.2 (28.2-45.2)	166			●
QN50: Percentage of students who ever used cocaine (any form of cocaine, such as powder, crack, or freebase, one or more times during their life)	9.1 (7.1-11.6)	1,002	16.2 (10.7-23.7)	169		●	
QN51: Percentage of students who ever used inhalants (sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high, one or more times during their life)	8.3 (6.4-10.9)	980	17.5 (12.0-24.9)	166		●	
QN52: Percentage of students who ever used heroin (also called "smack," "junk," or "China white," one or more times during their life)	3.4 (2.3-4.9)	1,005	11.1 (6.9-17.5)	169		●	
QN53: Percentage of students who ever used methamphetamines (also called "speed," "crystal," "crank," or "ice," one or more times during their life)	5.2 (3.8-7.1)	1,004	15.8 (9.5-25.0)	168		●	
QN54: Percentage of students who ever used ecstasy (also called "MDMA," one or more times during their life)	11.5 (9.3-14.2)	995	19.4 (13.1-27.7)	168			●
QN55: Percentage of students who ever used synthetic marijuana (also called "K2", "Spice", "fake weed", "King Kong", "Yucatan Fire", "Skunk", or "Moon Rocks", one or more times during their life)	12.5 (10.7-14.7)	1,005	26.4 (20.2-33.8)	169		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.



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#### Alcohol/Other Drug Use

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes <sup>†</sup>	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN56: Percentage of students who ever took steroids without a doctor's prescription (pills or shots, one or more times during their life)	3.1 (2.1-4.6)	1,006	13.3 (8.4-20.3)	169		●	
QN57: Percentage of students who ever took prescription drugs without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax, one or more times during their life)	20.7 (17.7-24.0)	998	31.9 (24.8-39.9)	164		●	
QN58: Percentage of students who ever injected any illegal drug (used a needle to inject any illegal drug into their body one or more times during their life)	2.7 (1.7-4.3)	1,006	8.1 (4.6-14.1)	169		●	
QN59: Percentage of students who were offered, sold, or given an illegal drug on school property (during the 12 months before the survey)	34.3 (30.8-37.8)	998	45.4 (35.1-56.0)	167			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

### San Diego High School Survey Risk Behaviors and Sex of Sexual Contacts Report

#### Sexual Behaviors

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes <sup>†</sup>	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN60: Percentage of students who ever had sexual intercourse	66.5 (61.8-70.8)	922	63.5 (54.0-72.1)	140			●
QN61: Percentage of students who had sexual intercourse before age 13 years (for the first time)	6.9 (4.8-9.7)	924	7.2 (4.3-12.0)	141			●
QN62: Percentage of students who had sexual intercourse with four or more persons (during their life)	13.6 (11.2-16.5)	920	16.8 (11.5-23.8)	140			●
QN63: Percentage of students who were currently sexually active (sexual intercourse with at least one person during the 3 months before the survey)	47.2 (42.5-51.9)	922	41.2 (32.1-50.8)	141			●
QN64: Percentage of students who drank alcohol or used drugs before last sexual intercourse (among students who were currently sexually active)	18.2 (14.8-22.2)	444	32.1 (22.4-43.7)	56		●	
QN65: Percentage of students who did not use a condom (during last sexual intercourse among students who were currently sexually active)	39.9 (35.1-44.9)	438	48.7 (34.3-63.4)	56			●
QN66: Percentage of students who did not use birth control pills (before last sexual intercourse to prevent pregnancy among students who were currently sexually active)	83.0 (78.4-86.8)	433	80.5 (65.9-89.8)	57			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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San Diego High School Survey  
Risk Behaviors and Sex of Sexual Contacts Report

Sexual Behaviors

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes <sup>†</sup>	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QNIUDIMP: Percentage of students who did not use an IUD (e.g., Mirena or ParaGard) or implant (e.g., Implanon or Nexplanon) (before last sexual intercourse to prevent pregnancy among students who were currently sexually active)	97.9 (95.6-99.0)	433	100.0 (.-)	57		●	
QNSHPARG: Percentage of students who did not use a shot (e.g., Depo-Provera), patch (e.g., OrthoEvra), or birth control ring (e.g., NuvaRing) (before last sexual intercourse to prevent pregnancy among students who were currently sexually active)	95.7 (93.4-97.2)	433	93.7 (82.8-97.9)	57			●
QNOTHHPL: Percentage of students who did not use birth control pills; an IUD or implant; or a shot, patch, or birth control ring (before last sexual intercourse to prevent pregnancy among students who were currently sexually active)	76.6 (71.7-80.9)	433	74.2 (61.1-84.1)	57			●
QNDUALBC: Percentage of students who did not use both a condom during and birth control pills; an IUD or implant; or a shot, patch, or birth control ring before last sexual intercourse (to prevent STD and pregnancy among students who were currently sexually active)	94.2 (91.6-96.0)	433	96.8 (86.1-99.3)	56			●
QNBCNONE: Percentage of students who did not use any method to prevent pregnancy (during last sexual intercourse among students who were currently sexually active)	11.7 (8.6-15.8)	433	17.0 (7.7-33.5)	57			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

### San Diego High School Survey Risk Behaviors and Sex of Sexual Contacts Report

#### Dietary Behaviors

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes <sup>‡</sup>	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only <sup>‡</sup>	No Difference <sup>‡</sup>
	% 95% CI*	N	% 95% CI	N			
QNOBES: Percentage of students who were obese ( $\geq$ 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth chart <sup>‡</sup> )	11.4 (8.9-14.5)	983	10.5 (6.4-16.9)	159			●
QNOWT: Percentage of students who were overweight ( $\geq$ 85th percentile but $<$ 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth chart <sup>‡</sup> )	15.2 (12.6-18.2)	983	19.7 (13.5-27.7)	159			●
QN69: Percentage of students who described themselves as slightly or very overweight	29.4 (26.1-33.0)	1,000	34.7 (27.9-42.2)	167			●
QN70: Percentage of students who were not trying to lose weight	56.3 (52.0-60.5)	1,002	47.1 (39.6-54.7)	168			●
QN71: Percentage of students who did not drink fruit juice (100% fruit juices one or more times during the 7 days before the survey)	22.0 (19.0-25.4)	1,000	29.8 (22.2-38.7)	169			●
QN72: Percentage of students who did not eat fruit (one or more times during the 7 days before the survey)	7.7 (6.0-9.9)	995	11.0 (6.7-17.6)	170			●
QNFR0: Percentage of students who did not eat fruit or drink 100% fruit juices (during the 7 days before the survey)	2.9 (2.0-4.2)	991	6.5 (3.4-12.3)	169			●

\*Confidence interval.

<sup>‡</sup>Based on t-test analyses,  $p < 0.05$ .

<sup>‡</sup>Based on reference data from the 2000 CDC Growth Charts.

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#### Dietary Behaviors

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	% 95% CI*	N	% 95% CI	N			
QNFR1: Percentage of students who did not eat fruit or drank 100% fruit juices one or more times per day (during the 7 days before the survey)	32.1 (29.0-35.3)	991	37.2 (28.8-46.5)	169			●
QNFR2: Percentage of students who did not eat fruit or drank 100% fruit juices two or more times per day (during the 7 days before the survey)	65.9 (62.3-69.4)	991	66.3 (57.8-74.0)	169			●
QNFR3: Percentage of students who did not eat fruit or drank 100% fruit juices three or more times per day (during the 7 days before the survey)	79.0 (75.8-81.9)	991	76.8 (68.8-83.3)	169			●
QN73: Percentage of students who did not eat salad (during the 7 days before the survey)	32.1 (29.7-34.7)	1,002	35.4 (27.4-44.5)	170			●
QN74: Percentage of students who did not eat potatoes (during the 7 days before the survey)	40.2 (36.9-43.6)	999	42.6 (34.5-51.1)	170			●
QN75: Percentage of students who did not eat carrots (during the 7 days before the survey)	43.7 (40.7-46.7)	993	39.1 (30.6-48.3)	168			●
QN76: Percentage of students who did not eat other vegetables (during the 7 days before the survey)	15.5 (13.6-17.7)	1,000	18.3 (12.4-26.2)	169			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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#### Dietary Behaviors

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	% 95% CI*	N	% 95% CI	N			
QNEG0: Percentage of students who did not eat vegetables (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)	4.2 (3.1-5.7)	991	6.4 (3.3-12.1)	167			●
QNEG1: Percentage of students who did not eat vegetables one or more times per day (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)	36.0 (33.0-39.0)	991	35.3 (28.4-42.8)	167			●
QNEG2: Percentage of students who did not eat vegetables two or more times per day (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)	73.6 (70.7-76.3)	991	68.7 (60.2-76.1)	167			●
QNEG3: Percentage of students who did not eat vegetables three or more times per day (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)	87.0 (84.7-89.1)	991	82.2 (73.2-88.7)	167			●
QN77: Percentage of students who drank a can, bottle, or glass of soda or pop (not including diet soda or diet pop, during the 7 days before the survey)	65.9 (62.4-69.3)	1,000	66.5 (57.2-74.7)	170			●
QNSODA1: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day (not including diet soda or diet pop, during the 7 days before the survey)	11.1 (9.2-13.4)	1,000	14.2 (9.3-21.1)	170			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

### San Diego High School Survey Risk Behaviors and Sex of Sexual Contacts Report

#### Dietary Behaviors

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes <sup>†</sup>	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day (not including diet soda or diet pop, during the 7 days before the survey)	7.1 (5.5-9.0)	1,000	11.1 (7.3-16.7)	170			●
QNSODA3: Percentage of students who drank a can, bottle, or glass of soda or pop three or more times per day (not including diet soda or diet pop, during the 7 days before the survey)	4.2 (3.0-5.7)	1,000	9.3 (5.7-14.9)	170		●	
QN78: Percentage of students who did not drink milk (during the 7 days before the survey)	21.7 (19.3-24.5)	987	27.3 (20.0-36.1)	165			●
QNMILK1: Percentage of students who did not drink one or more glasses per day of milk (during the 7 days before the survey)	71.6 (68.2-74.8)	987	69.1 (62.3-75.1)	165			●
QNMILK2: Percentage of students who did not drink two or more glasses per day of milk (during the 7 days before the survey)	83.1 (80.5-85.3)	987	83.9 (76.6-89.3)	165			●
QNMILK3: Percentage of students who did not drink three or more glasses per day of milk (during the 7 days before the survey)	92.8 (91.0-94.2)	987	93.1 (88.1-96.0)	165			●
QN79: Percentage of students who did not eat breakfast (during the 7 days before the survey)	13.3 (11.3-15.5)	999	19.8 (12.7-29.5)	170			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

San Diego High School Survey  
Risk Behaviors and Sex of Sexual Contacts Report

Dietary Behaviors

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes <sup>‡</sup>	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only <sup>‡</sup>	No Difference <sup>‡</sup>
	% 95% CI <sup>*</sup>	N	% 95% CI	N			
QNBK7DAY: Percentage of students who did not eat breakfast on all 7 days (during the 7 days before the survey)	68.1 (64.5-71.4)	999	68.8 (59.1-77.1)	170			●

\*Confidence interval.

<sup>‡</sup>Based on t-test analyses, p<0.05.



2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

San Diego High School Survey  
Risk Behaviors and Sex of Sexual Contacts Report

Physical Activity

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes <sup>†</sup>	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN80: Percentage of students who were not physically active at least 60 minutes per day on 5 or more days (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	45.6 (41.8-49.5)	997	57.9 (48.2-66.9)	166		●	
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	11.0 (9.2-13.0)	997	17.1 (11.4-24.7)	166			●
QNPA7DAY: Percentage of students who were not physically active at least 60 minutes per day on all 7 days (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	71.3 (67.3-75.0)	997	72.9 (61.5-81.9)	166			●
QN81: Percentage of students who watched television 3 or more hours per day (on an average school day)	19.4 (17.0-22.1)	989	20.4 (14.4-28.2)	168			●
QN82: Percentage of students who played video or computer games or used a computer 3 or more hours per day (for something that was not school work on an average school day)	43.1 (39.6-46.6)	997	51.8 (43.7-59.9)	168		●	
QN83: Percentage of students who did not attend physical education classes on 1 or more days (in an average week when they were in school)	49.7 (41.8-57.6)	980	44.7 (33.5-56.4)	170			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

San Diego High School Survey  
Risk Behaviors and Sex of Sexual Contacts Report

Physical Activity

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes <sup>†</sup>	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QNDLYPE: Percentage of students who did not attend physical education classes on all 5 days (in an average week when they were in school)	65.2 (58.8-71.1)	980	66.3 (56.1-75.3)	170			●
QN84: Percentage of students who did not play on at least one sports team (run by their school or community groups during the 12 months before the survey)	38.6 (34.3-43.0)	980	46.7 (39.0-54.6)	168			●
QN88: Percentage of students who did not have 8 or more hours of sleep (on an average school night)	74.2 (70.3-77.8)	988	91.3 (86.5-94.4)	163		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

### San Diego High School Survey Risk Behaviors and Sex of Sexual Contacts Report

Other	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes <sup>†</sup>	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only <sup>†</sup>	No Difference <sup>†</sup>
	Health Risk Behavior	% 95% CI*	N	% 95% CI			
QN85: Percentage of students who were never tested for HIV (not including tests done when donating blood)	82.5 (79.1-85.4)	984	79.5 (72.3-85.2)	165			●
QN86: Percentage of students who did not see a dentist (for a check-up, exam, teeth cleaning, or other dental work during the 12 months before the survey)	29.6 (26.4-33.0)	990	32.9 (25.3-41.5)	166			●
QN87: Percentage of students who had ever been told by a doctor or nurse that they had asthma	20.4 (17.6-23.5)	984	22.4 (15.6-31.2)	164			●
QN89: Percentage of students who made mostly C's, D's, or F's in school (during the 12 months before the survey)	28.6 (24.5-33.1)	981	30.1 (23.1-38.3)	162			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

### San Diego High School Survey Risk Behaviors and Sex of Sexual Contacts Report

#### Site-Added

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes <sup>†</sup>	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN90: Percentage of students who responded that the person they were going out with had ever threatened them, limited their activities against their will, or made them feel unsafe in any other way	10.5 (8.6-12.6)	1,003	26.2 (19.4-34.3)	168		●	
QN91: Percentage of students who have been harassed because someone thought they were gay, lesbian, or bisexual (one or more times during the 12 months before the survey)	10.5 (8.9-12.3)	1,003	38.5 (31.5-46.1)	170		●	
QN92: Percentage of students who disagree or strongly disagree that their school has clear consequences for students who bully or harass other students	21.4 (19.0-24.0)	1,000	37.2 (30.7-44.4)	168		●	
QN93: Percentage of students who had texted, e-mailed, or posted electronically a revealing or sexual photo of themselves (during the 30 days before the survey)	22.5 (19.7-25.5)	1,001	40.4 (32.8-48.5)	168		●	
QN94: Percentage of students who reported a revealing or sexual photo of them had been texted, e-mailed, or posted electronically without their permission (during the 30 days before the survey)	3.0 (2.1-4.3)	1,006	6.7 (3.4-12.9)	169			●
QN95: Percentage of students who did something to purposely hurt themselves without wanting to die (such as cutting or burning themselves on purpose one or more times during the 12 months before the survey)	18.4 (16.0-21.1)	999	46.6 (37.1-56.4)	168		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

### San Diego High School Survey Risk Behaviors and Sex of Sexual Contacts Report

#### Site-Added

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes <sup>†</sup>	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN96: Percentage of students who responded that a drug sniffing dog on their campus would make them feel a little or not at all safer	69.3 (66.2-72.2)	994	69.5 (59.9-77.7)	168			●
QN97: Percentage of students who reported their partners were three or more years older than themselves the first time they had sexual intercourse (among students who have had sexual intercourse)	12.7 (10.1-15.9)	699	20.5 (14.1-28.8)	112			●
QN98: Percentage of students who have been pregnant or gotten someone pregnant (one or more times)	4.3 (3.3-5.6)	1,000	10.4 (6.2-16.7)	169		●	
QN99: Percentage of students who have ever participated in oral sex	65.2 (61.2-69.0)	1,004	74.5 (68.0-80.0)	167		●	
QN100: Percentage of students who are transgender	1.5 (0.8-2.8)	1,005	10.1 (6.0-16.6)	167		●	
QN102: Percentage of students who have not been taught or are not sure if they have been taught about AIDS or HIV infection in school	11.0 (9.0-13.3)	993	17.5 (12.3-24.2)	166		●	
QN103: Percentage of students who have been told by a doctor or nurse that they had a sexually transmitted disease (STD)	3.6 (2.6-4.9)	992	9.9 (5.5-17.0)	167		●	
QN104: Percentage of students who reported their doctor or nurse had not discussed ways to prevent pregnancy, AIDS, or other sexually transmitted diseases (STDs) or they were not sure if they had (during their last check-up, among students who have had a check-up)	50.7 (46.4-55.0)	851	60.9 (50.7-70.2)	137			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.